

Orleans United Church

Believe Belong Become

Life and Work Newsletter

October 22nd, 2020



By Dot Cooper, Council Chair

Over the past few weeks, I've frequently found myself in the OUC kitchen surrounded by an amazing team of volunteers slicing and dicing a crazy amount of onions among other ingredients for tourtieres, soups and pot pies for this year's OUC Christmas Market. This year's onions are all Canadian produced for safety and for some particular reason are extremely potent. You know, the kind of small onion that, when sliced, immediately brings tears to your eyes. Now, you're probably wondering why I'm writing about onions when the image above depicts gratitude, kindness and community. Well, after drying my eyes for the upteenth time this week, I couldn't help but feel grateful for everyone who is helping to make this year's online Christmas Market truly epic. Whether you're at home organising, designing, marketing, sewing, crafting or in the church kitchen, please know your Council is immensely thankful for everything you're doing to support the ministry of your church. We are blessed!

Gratitude and Kindness

As the Revs have recently begun our virtual gratitude series, and as a way to feed the spirit of our newsletter readers, how about letting us know about acts of kindness that we could share in our Newsletter. Certainly, kindness and gratitude are contagions that will counter the Covid blues. So, let us know what you are feeling grateful for at this time of year. Please email me at dotcooper@hotmail.com or Rev. Caroline at ouc.carolinepenhale@rogers.com.

Financial Report Update

by Bernie Eisener, Treasurer

On behalf of your Finance Committee and Council, I wish to express their gratitude for your ongoing financial contributions. Thank you for being mindful of the financial stewardship of our church. With the absence of revenue from traditional fundraising and user groups, your regular donations are more important than ever to maintain the ministry life and work of your church. For the first six months of this pandemic, OUC has financially weathered the storm quite well. In addition to your generosity, we are thankful for the government's assistance through the Canada Employment Wage Subsidy program and a number of other unexpected revenues. However, over the longer term your continued regular contributions, as well as your financial support of the upcoming online Christmas Market, will be essential to keep OUC in a healthy financial position. We are blessed by your generosity!

Online Annual Christmas Market opens Monday, October 26th!



by Jan Weatherson

In previous years, this was the time when we would all be gearing up for OUC's much loved on-site Christmas Bazaar. We would open our doors wide to welcome the broader community to join in this celebration of the spirit of Christmas. However, 2020 has not been a typical year, and a traditional bazaar is not possible.

That hasn't stopped OUC's tenacious volunteers from finding something that we could do safely, and still bring a bit of the 'bazaar experience' to you. We are excited to launch this **Monday, October 26th**, OUC's first-ever **online** Christmas Market! [OUCChristmasmarket.ca](https://oucchristmasmarket.ca)

Here you can shop in the safety of your own home and see that OUC's cooking and crafting elves have been busy making many familiar elements from OUC's traditional bazaar. You can still stock your freezer with Gord's meat pies, fill your pantry with Shirley's jams, marvel at Rick's incredible chopping boards and find some unique Christmas gifts. You might even buy one of the elusive Christmas ornaments - the little wood llamas wearing tiny turtlenecks!

Something new and very practical that you will find in OUC's Christmas Market is a selection of cotton face masks. These are beautifully made in a range of sizes and festive seasonal prints. As they say - we wear, because we care!

We hope you will check the site out, and please spread the word to your family and friends. Any orders placed in the next six weeks can be safely picked up curbside and placed directly in your car trunk by volunteers organized by Jean Shaddick. If you are unable to pick up your order, for health or other reasons, please let us know when your order is confirmed by email, and we will try to have it delivered to you by a volunteer. All proceeds raised through OUC's Christmas Market support the ministries of Orleans United Church.

We realize that we have had to raise our Frozen Food prices somewhat this year due to moving to an e-commerce shopping platform (Shopify) and due to increased prices for raw materials. We also realize that, in the time of Covid 19, some people may be facing financial challenges. If you are experiencing financial challenges right now and would still wish to purchase food items from the Bazaar, please contact either Rev. Molly or Rev. Caroline. We would like all of our OUC family to be able to share in this bazaar experience.

Note: *For congregants without internet access and unable to place an online order through friends, please contact the church office at 613-837-4321 from 9:00 a.m. to noon, Tuesday to Thursday, where assistance will be provided in placing your online order.*

Coffee with Caroline



Rev. Caroline will be offering drop in office hours on Zoom on Friday mornings at 9:00 a.m. starting this week, October 23rd, and running through to Christmas (December 18th).

If you're feeling like a little coffee and conversation, or you just want to say hello and catch up, please drop in!

Join weekly Coffee with Caroline with this Zoom Meeting Invite:

<https://us02web.zoom.us/j/83242155061?pwd=MXFyMFBRYTZSNnJtNik0VDRhaHVtUT09>

Meeting ID: 832 4215 5061

Passcode: 852147

Also, for ease of reference and Zoom access, please download and import the following iCalendar (.ics) files to your calendar system.

https://us02web.zoom.us/meeting/tZcvc-upqz4qHNXV7d-QFrXVijc2_uYK6SQ0/ics?icsToken=98tyKuGrrD8oG9GQsB-GRpwqAl-ga-vwmCVfgo1lqkjThF1cDvAP-hBYI1qKfOG

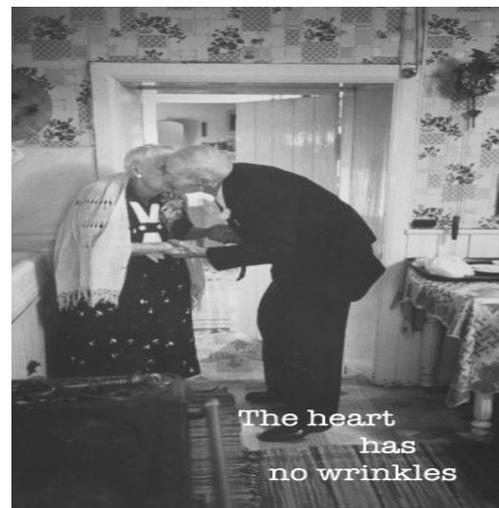
Seniors Corner

Our Parish Nurse, Andrea Fisher, offers this resource from the Council of Aging Ottawa:

Third Act Journalling: Finding Peace in Challenging Times

This is a 3-Week Zoom based workshop and the cost is \$20. The link to sign up is here:

<https://coaottawa.ca/event/coa-online-where-are-things-at-in-long-term-care-ltc-copy-2-copy/>



Have Time? - We need your Talent



With the prospect of spending more time at home this winter, we're wondering if you have time available to assist with the ministry life and work of our church. We have a variety of opportunities available that involve a few hours, like fall leaf raking and cleanup, to small group activities or short-term projects associated with a

ministry team or special event. If you have time, we sure could use your talent!

For more details or to share your interest, please email Rev. Caroline at ouc.carolinepenhale@rogers.ca or Dot Cooper at dotcooper@hotmail.com.

Did you know 211 is now Nationwide?



Have you ever tried to navigate government, health or social services? Recently, Ottawa and the United Way Centraide, as a founding partner, announced that everyone in Canada will soon have access to 211, a **free, confidential** information navigation service that

connects people to critical government and community-based health and social services in their community. This is available nation-wide, 24/7, and in over 150 languages, by phone, text, chat and website

Cannabis 101, Zoom Educational Presentation

Date: November 24, 2020 at 7:00 p.m.

Organizers: Health Education Committee

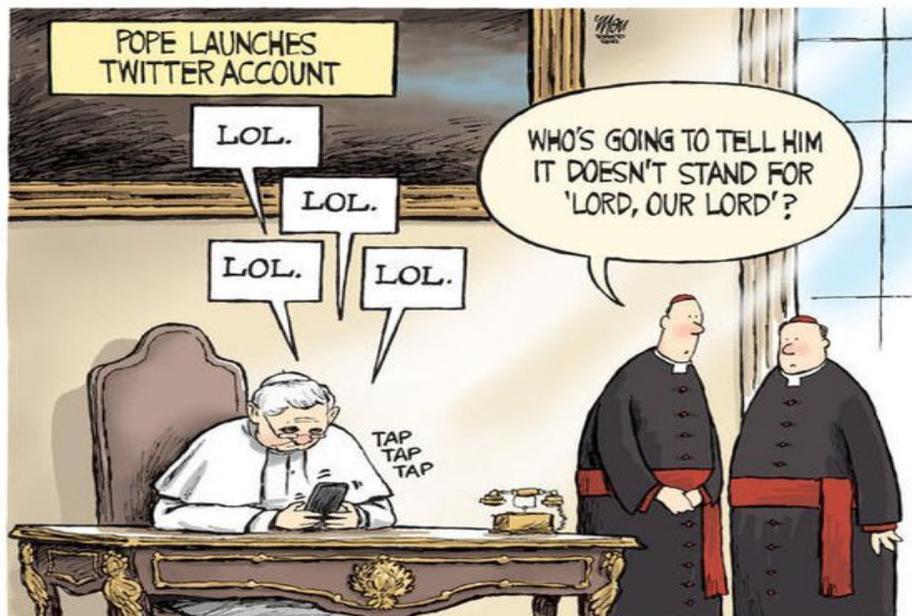
All are welcome to attend. Registration is required.

Please register by emailing: ouc.parishnurse@rogers.com. You will receive a Zoom link to join the meeting. Resources will be emailed to those who register.

Presenters:

- Morgan Toombs RN, Founder and CEO of Canada's first Nurse Practitioner led Medical Marijuana Clinic "O Cannabis Clinic"
- Susan Hagar RN BCPA (Board Certified Patient Advocate), Founder and CEO, Nurse On Board Inc. President, Canadian Association of Self-Employed Registered Nurses

For full details, please see the attached poster in the body of the email.



Calendar of Events

Remember to please register early when requested, and check out our Facebook page for upcoming events and details.

<https://www.facebook.com/OrleansUnitedChurch/>

“Virtch” Sunday Morning on-line Worship:

Sundays at 10:00 a.m. on our YouTube channel
(https://www.youtube.com/channel/UCnOu5yFybhiRZ6fGiMIS_9w).

Adult Education:

Being Grateful in Difficult Times online course – Monday evenings starting October 12th. **Pre-registration** is required. Contact Rev. Caroline for details.

Coffee with Caroline:

Rev. Caroline will be offering drop in office hours on Zoom on Friday mornings starting October 23rd at 9:00 a.m. and running through to Christmas (December 18th). For Zoom invite please note the details within the announcement above.

Contemplative Prayer Group:

Rev. Janet Nield will facilitate a 5-week contemplative prayer series, in person, on **Tuesday mornings starting October 13th**. This group will meet every other week at 10:30 a.m. and the series will end on November 24th. See announcement above for **pre-registration** details.

OUC Christmas Market:

Online Shopping begins **October 26th** at OUCChristmasmarket.ca. Please place your orders early and share the good news.

Men’s Digital Coffee:

Wednesdays at 8:00 a.m. – contact Dave Clemis (davidclemis@homemail.com) for an invitation.

Online Java Jive Bible Study:

Thursdays at 10:00 a.m. – contact Kim (orleansunited@rogers.com) for an invitation.

Book Club:

Held the last Tuesday of the month at 1:00 p.m. via Zoom. Contact Annemarie Humenuk at kayakforever@gmail.com for details/Zoom invitation.

Newsletter Schedule:

A Note from the Revs: 29 October 2020
Life and Work Newsletter: 05 November 2020