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Office hours: Monday - Friday, 8:30 - 12:30

 **RAISING INCLUSIVE CHILDREN**
How adults model empathy, fairness, and belonging

Workshop Details

A workshop that explores how everyday words, actions, and attitudes influence children's understanding of difference, helping families nurture empathy, kindness, and belonging.


Corinne Davison
Equity and Inclusion Educator
• Mentor Coach
Retired Secondary School Educator

 Sunday, February 1, 2025
 1:30 - 3:30 PM
 Orleans United Church

Creating spaces of empathy, awareness, and belonging
Open to all adults who play a role in the lives of children.

 **Orleans United Church**
believe. belong. become.

A place to lay your burdens

Beginning

February 1, 2026,

the Quiet Centre (down the hallway, past the office) will be available after Sunday worship between 11 am and 12 pm for

confidential, one to

one support. Care Hosts from our congregation will offer a calm, unhurried space to talk, reflect, pray if desired, or sit in silence with a caring listener. This service does not replace counseling or therapy. It is intended as gentle accompaniment for those experiencing stress, grief, uncertainty, or simply a need for stillness.

All are welcome to come, pause, and be met with care.

February's Quiet Centre hosts are:

Feb 1 - Janice Eddy

Feb 8 - Lee Chisholm

Feb 15 - Denise Connors

Feb 22 - Heather McGrath



Star Words

The Wise Ones have been and gone, but Star Words are still available! Come into the office to choose one yourself, or email Kim and she will choose one for you. Let your star lead you through 2026!



Easel owner?

If you are the owner of a wooden easel that you kindly loaned to the Silent Auction,

Annual Reports

It's that time of year again! Those responsible for committees or groups in the church are asked to prepare your Annual Reports and submit them to the Office by January 31. We would like to





please contact Kim in the church office to arrange to pick it up.

have the booklet in your hands well before the ACM on February 22. Thank you!

Used computer printer

We have a family looking for a computer printer for home use. If you have one to donate, please contact Rev.Molly

LLWL Activity This Week

David Clemis, Glasgow and Castleford
Pastoral Charge
Heather McGrath, North Gower United Church

OUC Has a Yarn Group!

"A Joyful Yarn" is a group of knitters, crocheters, cross-stitchers, weavers, and more who meet every 2nd Wednesday evening at OUC to stitch, chat, encourage and inspire each other. All skill levels welcome – and if you're a beginner, lots of help is available. The next meeting is Wednesday, January 21, 7-9 pm in the Lounge. Join us!



Book Club

The OUC Book Club will meet on January 27, 2026 to discuss 'A Lineage of Grace'

by Francine Rivers. We will meet in the library at 1:00 pm. All are welcome. If you require information pertaining to the OUC Book Club, you may communicate with Marie Ruddick at ruddick.marie@icloud.com and/or Annemarie Humenuk at kayakforever@gmail.com.



Java Jive

Looking for a realizable new year's resolution? This is the perfect time to join

Java Jive. Beginning next Thursday, January 15, 2026, Java Jive will resume its weekly meetings in the chapel from 10 to 11 am. The group gathers to share coffee while discussing the reading for the upcoming Sunday and occasionally delving into other timely topics. New participants are warmly invited to join. For further details about the group, please contact Debbie Arcand at (613) 407-0456. We hope to see you there next week!

Saving Jesus returns

on every second Wednesday in the Library at 7 pm, starting January 14. All are welcome to attend any or all sessions.



2026 donation envelopes

There are still 32 boxes of envelopes waiting to be picked up. If you have not yet, please pick up yours, and consider picking up a neighbour's too!



Junior Choir is back!

We will be rehearsing most Sundays after worship. Our first practice will be Jan 11 in the Choir Room. Rehearsals will

generally last 30-40 min. I'm hoping to have the Juniors sing in church twice before Easter. The age range is SK to Grade 6 (though please feel free to chat with me about kids who are interested but fall just outside that range). Please e-mail me at cscotttrichardson@rogers.com, or find me after church. Thanks! Scott



Valentine's Day Roast Beef Dinner - February 14

Please register asap. Tickets on sale Sundays at the gift card table (cash, debit or credit) or in the office during the week. Please sign up soon so they will know how much food to purchase.

Do you want to lend your voice in shaping the life and future of OUC? People needed on Council - Make a difference at OUC!

Our Council needs new members for 2026. OUC's Council is our local governing body, a necessary component of OUC church life. Its responsibilities include decisions about the life of OUC, including worship, care, spiritual practice, learning and local mission; local administration, finances, and property.

For 2026 we are looking for a Vice Chair and three elected Members. Elected Council members act as a liaison between a select Ministry Area (Worship, Learning, Pastoral Care, Outreach, Communications), the congregation and Council. They attend monthly meetings of Council (Sept – June) to both report on their area and provide input and advice on all issues as voting members. Helping OUC in this way directly impacts the good work that we do and can be an excellent way of getting to know people at OUC.

If you are interested in any of these roles, or if you would like more information, please talk to me during coffee time or contact the office. Thanks so much for your support to OUC.

This exciting, creative work makes a difference in our church, our community and the wider world. We would love to share it with you.

Karen Dodds, Chair of Council

Battery and Compact Fluorescent Collection



The container to deposit your used batteries and compact Fluorescent bulbs has been moved from the front entranceway to the hallway beside the Lost and Found. The church continues to collect these items for disposal.

Fund raising? Fun raising?

We're always looking for new ideas! Please share yours for fun(d)raising at OUC, with Joe Tomlinson at 613-720-2058.



Boston Pizza



There will be a **vegetarian option**. Please let Brian Braceland know if you would prefer this option.

Entertainment by Joe Tomlinson will be provided from 4:30 to 5:15. Supper will be

served at 5:30. The price will again be \$25 for an individual and \$50 for a family with kids under 16.

We are also looking for donations of pies. If you can help, or if you have any questions, please contact Brian at 613-601-0452 or b_braceland@sympatico.ca.

Worshiplude 2026!

Worshiplude = Worship + Winterlude.

Throughout the weekend, many youth groups will be participating in Winterlude, both from Ottawa and elsewhere in the province.

On the evening of Saturday January 31st, we will hold a special worship service.

United Church Moderator Kimberly Heath will be present at this event.

More information to come!



Women's Retreat

The excitement is starting to build. The theme will be The Cup Of Life. Be sure and mark April 24 - 26th on your calendar.

Registration will begin in early January. For more information contact Jean at scrapbookjean@icloud.com.

Keep your 2026 grocery budget on track by using **GROCERY GIFT CARDS**



Grocery gift cards are available in the hall after services and in the office during the week. (PC, No Frills, Metro, Food Basic, Sobeys, Fresh Co., Farm Boy, and Shoppers Drug Mart) Any questions regarding this long standing fundraiser (that costs you nothing extra) can be sent to: dianne.davis@bell.net. **Please Note: Grocery Gift card / Fundraising table will be closed Feb. 15th**

The Boston Pizza fundraiser is back! If you dine at BP in Orleans, write "Orleans United Church" on the back of your receipt and place it in the box at the front counter and we will receive a 10% rebate. Fundraising made easy - and tasty!



Prayer Circle:

OUC has rebirthed our prayer ministry. You can request that the members of the prayer team pray

for you, for your loved one, or for a particular local or global concern. All prayer requests are shared with the prayer team confidentially, unless you request that your name be used. You are invited to send your prayer request directly to ouc.prayersforall@rogers.com, an email monitored by only one pastoral care team member. For more information, please contact the office.

Care for the Caregiver

Check out supports in the community:
<https://www.communityhomesupport.ca>

Voices of the Bereaved

"My grief didn't stop when the casseroles stopped coming. That's when it started. I didn't need the food. I needed someone to pick up the groceries, answer the mail, clean the bathroom."



Ways to Give

THE FINANCIAL DONATIONS OF YOU, THE MEMBERS OF THE CONGREGATION, ARE THE PRIMARY SOURCE OF REVENUE FOR OUC. WE ARE GRATEFUL FOR ALL THOSE WHO SUPPORT OUR CONGREGATION WITH THEIR TIME AND WITH THEIR FINANCIAL DONATIONS. PLEASE GIVE AS YOU ARE ABLE.

You can contribute financially in a number of ways, including:

- **By cash or cheque on Sunday morning in the collection plate, or deposited in the church mailbox**
- **After church in the Hall with your debit card**
- **By pre-authorized monthly donations (call office for information)**
- **Through your United Way contributions**
- **(simply choose OUC as the beneficiary)**
- **E-transfer to:**
oucdonations@rogers.com
- **Using a credit card Through Canada Helps:** <https://www.canadahelps.org>
- **Using either a debit or credit card through the Plently App:** <https://uc-orleans.plenty.com/>

Be in Touch!

We would love for you to reach out to us...
we are here for you!

Website: <http://orleansunitedchurch.com>

Email: orleansunited@rogers.com

Phone: 613-837-4321

If you know someone who would like to receive this newsletter, sign them up through the main office (call or email)

GET READY TO SING

Joseph Sing-Along



All Ages

Everyone can enjoy this musical experience together.

No Experience

Sing along, even if you're new to musicals!



**Sunday February 1
at 4 pm**

This Week at OUC

Friday January 16:

- Tai Chi - Hall, 9:30 am - 12:30 pm
- Orleans Noon - Chapel, Noon - 1 pm
- Single & Single Again - Hall/Kitchen, 5 - 9 pm

Saturday January 17:

- Seventh-day Adventists - Sanctuary/Chapel/Choir Room/Quiet Centre, 8:30 - 1
- Senior Choir - Sanctuary, 2:30 - 4:30 pm

Sunday January 18:

- Worship Service - Choir Sunday- in person and live-streamed, 10 am
- **Junior Choir practice - Choir Room, after service ***
- Seventh-day Adventists - Library 4:30 - 7:30 pm

Monday January 19:

- Tai Chi - Hall, 9:30 am - 12:30 pm
- TOPS - Nursery/Lounge, 6 - 8 pm
- Scouting - Chapel/Hall/Choir Room/Library - 6:15 pm
- Bytown Beat - Sanctuary, 7 - 9 pm

Tuesday January 20:

- Scouting - Choir Room/Hall/Library, 6pm
- TOPS - Nursery, 6 - 8 pm
- CA East Solutions - Chapel, 6:30 - 8:30 pm
- Coro Vivo - Sanctuary, 7 - 10 pm

Wednesday January 21:

- Breakfast at Gabe's - Gabriel's Restaurant, St. Joseph Blvd., 7:30 am
- A'Chord - Chapel, 9:30 - 11:30 am
- Council - Library, 7 pm
- A Joyful Yarn - Lounge - 7 pm
- Tai Chi - Hall, 7 - 8:30 pm
- Seventh-day Adventists - Chapel, 7 - 9 pm
- Contemplative Prayer - Sanctuary, 7:30 pm

Thursday January 22:

- TOPS - Library, 8:30 - 9:30 am
- **Java Jive - Chapel, 10 - 11 am ***
- Senior Choir - Sanctuary, 7:30 - 9:30 pm
- Alanon - Chapel/Nursery, 7:30 - 8:30 pm

*For more information, see notice above

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