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### How will you be commemorating Church Union?

This Union Sunday, June 9, please join us for a Communion Worship Service to kick off the Centennial year of The United Church of Canada.

Join us in person, Sunday June 9, 4–6 pm EDT (gathering music starting at 3:30 p.m.) Metropolitan United Church, 56 Queen St. East, Toronto. Communion will be offered

Join us via the livestream on the [United Church Youtube Channel](#).

Plus, check out the [Centennial webpage](#) for new content and worship materials that will be updated throughout the year. Share what you are doing, and join the conversation on [Facebook](#), [Twitter](#), [LinkedIn](#), and [Instagram](#)!



### Plants looking for a home

We have a family moving away, looking to rehome one or two large and beautiful birds of paradise plants. They stand 5 ft. after pruning and require good natural light. If you have just the right space for these beauties, please contact Rev. Molly.

### Contemplative Prayer

*Tuesday June 11 and 25 at 7:30-8:30 pm in the Chapel.*

Are you looking to pause from the busyness of life? Do you long to deepen your connection to the Divine? Are you curious about contemplation and would like to practice in a community setting?

If so, LLWL Jasmine Vesque, invites you for a time of prayer and contemplation. No experience necessary. Whatever your beliefs or doubts, all are welcome. Come and find rest and connection together in the quiet centre. For more information, please contact Jasmine:

[jasminevesque@gmail.com](mailto:jasminevesque@gmail.com).



### Annual OUC Golf and BBQ – Registration Open

Registration is now open for our annual fun golf at White Sands on Sunday, June 23<sup>rd</sup> followed by a BBQ at the Gray's. Please register for golf and the BBQ by emailing Dot at [dotcooper@hotmail.com](mailto:dotcooper@hotmail.com). You don't need to golf to attend the BBQ. Your early email registration is appreciated as this will help us with meal planning and facilitate follow-on communications regarding tee times etc. If you have any questions, please see Dot or Gord or call/text 613-799-1941.



**The Food Bank bin** is sadly very empty. We have a volunteer willing to deliver donations, we just need to receive



From BBQs to bubbles, sprinkles to stacking chairs, last Sunday's Spring Fling would not have been such an incredible success without the help of all of you! Thank you to everyone who pitched in through a million little ways to make our day such fun. As someone said "it was what OUC is all about". I guess it goes without saying... plans are already in the works for next year!!!



them! If you are able, next time you're in the grocery store, pop an extra jar of peanut butter or bag of pasta into your cart, and bring it in to the bin in the entryway. Some of the most needed items are: cereal, school snacks (granola bars/fruit cups/juice boxes (peanut-free!)), canned fruits, and gluten-free products. Thank you!!

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### Summer Music

After June 9, our OUC choir goes on a well-deserved summer break. We are looking for volunteers from the congregation to share their musical gifts between then and Labour Day. If you are interested in offering a special musical selection some Sunday, please get in touch with Scott or with the office. It might be a vocal or instrumental solo, a duet, or a small ensemble. If you are singing, you are welcome to accompany yourself on guitar or piano; if Scott is leading music that Sunday, he is happy to play for you instead!



### Summer Sunday School Volunteers

Over the summer months we offer our devoted teachers a much deserved rest and we

offer a one-room Sunday school each week that we have volunteers to run a program. We are seeking one or two volunteers each Sunday to offer an activity for our children - Rev. Molly has ideas or you can come up with something on your own (craft, games, stories, movies, outdoor play, cooking, whatever you like!). If you know you will be around and are able to spend a Sunday morning with our amazing children we would very much welcome your help. Please contact Molly to sign up for a Sunday (or more!)

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### Gardening Help Needed!

Many hands make light work. Would you consider joining our gardening team? Adopt a flower bed for the season or come out to help with weeding. Contact Shirley Holt by phone at 613-841-5143 or text at 613-620-6185.



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### Benevolent Fund

The Benevolent fund is a dedicated pool of money always available to the ministers to help those in need within our congregation and community. While most often used for grocery gift cards, it has also been used to pay for bus passes, necessities for jobs, and one time emergency situations at the clergy discretion. While there is usually a healthy balance in this account, it has now become depleted. To replenish this important source of emergency assistance, the Coudreau bequest will be matching all donations to the Benevolent fund up to \$2000. All you need to do give is to indicate "Benevolent fund" on your donation. You may also donate grocery cards directly to the Benevolent fund through the main office. Thank you for your part helping us support those in need - The Revs



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### News of the OUC Family

It is with deep sadness, and with great gratitude for a life well lived that we let you know Mary Thomas died this past week,

### Men's Retreat

Friday September 6 - Sunday September 8  
Special guest Captain Reverend Mike



surrounded by her loving family. There will be a celebration of her life at OUC today, June 7th at 11 am. Please hold her children Sheila, Jenzy and Robbie in your prayers, as well as all who mourn the loss of our beloved Mary.



## Fellowship after Worship

Thank you to all the persons who have volunteered to help with the fellowships for the past two weeks.

## Camp Awesome



There are only a few spaces left in Camp Awesome this summer. If you were thinking of signing up, now is the time to do so! Don't miss out on this wonderful week of fun for your child! See Rev. Molly if you want more information or if you are in need of a subsidy.



## Rain Barrels

We will be distributing rain barrels again this year on Friday June 21, 2024 from 6pm to 8:30pm. Rain Barrels, composters and

accessories can be ordered online at <https://rainbarrel.ca/orleansunitedchurch/> Don't like the look of the traditional rainbarrel? Consider painting it. Here are some instructions on how to do that. <https://www.bluebarrelsystems.com/blog/ways-to-paint-and-decorate-diy-rain-barrels/#:~:text=Spray%20the%20barrel%20with%20acrylic,drying%20time%20in%20between%20coast>. For more

Perreault, speaking about Military Chaplains. For more information, contact Peter Holt ([pjholt49@yahoo.ca](mailto:pjholt49@yahoo.ca)).

Keep your 2024 grocery budget on track by using **GROCERY GIFT CARDS**



Grocery gift cards are available in the hall after services and in the office during the week. Any questions regarding this long standing fundraiser (that costs you nothing extra) can be sent to:

[dianne.davis@bell.net](mailto:dianne.davis@bell.net)

**Please note: The Gift Card table will be closed on Sunday May 26, so everyone can enjoy the Spring Fling!**

## Ways to Give

WE ARE GRATEFUL FOR ALL THOSE WHO SUPPORT OUR CONGREGATION WITH THEIR TIME AND WITH THEIR FINANCIAL DONATIONS

If you would like to contribute financially, you can do so in a number of ways, including:

- By cash or cheque on Sunday morning in the collection plate, or deposited in the church mailbox
- After church in the Hall with your debit card
- By pre-authorized monthly donations (call office for information)

- Through your United Way contributions
- (simply choose OUC as the beneficiary)
- E-transfer to:

[oucdonations@rogers.com](mailto:oucdonations@rogers.com)

- Using a credit card Through Canada Helps: <https://www.canadahelps.org>
- Using either a debit or credit card through the Plently App: <https://uc-orleans.plently.com/>

## Be in Touch!

We would love for you to reach out to us.... we are here for you!

Website: <http://orleansunitedchurch.com>

Email: [orleansunited@rogers.com](mailto:orleansunited@rogers.com)

Phone: 613-837-4321

If you know someone who would like to receive this newsletter, sign them up through the main office (call or email)

## Community Corner

### Help Hints

When visiting someone who is frail or ill, as you enter the home, set the alarm on your phone for 15-20 minutes, explaining that it is so easy to overstay a welcome. Then, when your alarm goes off, take your leave. People who are frail or tired, including caregivers, do not have the energy to tell you they need to rest.



Check out supports in the community:  
<https://www.communityhomesupport.ca>



In conjunction with the Fondation Michaëlle Jean Foundation, and CCI Ottawa, Dominion-Chalmers United Church will be hosting the Ottawa Newcomer Youth Music Awards on 20 June 2024 at 7 pm with special guests

Lorraine Klassen and Ash Ravens.

The event will be taking place at the Carleton Dominion-Chalmers Centre located at 290 Lisgar Street. Tickets can be purchased at [Welcome - Dominion-Chalmers United Church \(dcchurch.ca\)](https://www.dcchurch.ca).

### This Week at OUC

#### Friday June 7:

- Orleans Noon - Chapel, 11:30 - 1:30
- Mary Thomas Funeral - Sanctuary/Hall, 11 am

#### Saturday June 8:

- Seventh-day Adventists - Sanctuary/Chapel/Choir Room/Room 12, 9 am - 2 pm
- Natalie Hoffman harp recital - Sanctuary/Chapel, 2 - 5:30 pm

#### Sunday June 9:

- Worship - in person and live-streamed, 10 am
- Mini Play Planning Meeting - Library, after service

#### Monday June 10:

- Craft Group - Library, 9 - noon
- TOPS - Lounge/Nursery, 6 pm
- Scouts, Chapel, Library, Hall, Choir Room
- Bytown Beat - Sanctuary, 7 pm

#### Tuesday June 11:

- Window installation - Library/Kitchen
- Quilts of Valour - Hall, 9:30 - 3:30
- TOPS - Nursery, 6 - 7 pm, Lounge 6 - 8 pm
- Scouts - Library/Hall/Choir Room
- **Contemplative Prayer - Chapel, 7:30 pm \***

#### Wednesday June 12:

- Breakfast at Gabe's - Gabriel's Restaurant, St. Joseph Blvd., 7:30 am
- Orleans Women's Connection - Hall, 9:30 - 11:30 am
- A'Chord - Chapel, 9:30 - 11:30
- Patricia Cameron funeral - Sanctuary/Hall, 1 pm
- Seventh-day Adventists - Chapel, 7 - 9 pm
- Rovers - Library, 7 - 9 pm

#### Thursday June 13:

- TOPS - Library/Lounge, 8:30 am
- Java Jive - Chapel, 10 am
- Scott - Sanctuary, 7 pm
- Al-Anon - Chapel/Nursery, 7:30 pm

\* See announcement above for more information

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