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**This SUNDAY:** Part two of our three-part series on the virtues of **Forgiveness - Gratitude - Altruism.**

These three form their own Trinity and are an integral part of the Christian faith. Find out how incorporating these virtues can improve your life.

Be blessed, be a blessing  
*Rev. Eric*

**A Note from M & P**

Molly has recently provided us with the following note to share with her church family. While it is nice to hear from Molly, it is important to note that she is still on a medical leave of absence and that we don't know yet when she will return to work. Consequently, we should continue to respect Molly's privacy and her note should not be taken as an invitation to contact her directly. We ask that you please continue to forward any notes or cards to Molly via our church office.

*Chair of Ministry & Personnel Committee*  
*Luc Lamadeleine*

**My dear OUC family**

I don't know if you have noticed this fall, but the colours are so very vivid - the reds are bright and the oranges flaming and the yellows glow. Sometimes I think Mother Nature is shouting at me through the trees. And in my moments of wondering, I think I'm not sure if I had forgotten just how gorgeous autumn leaves can be, or if there is something unique that I am meant to see this year. In either case, I'm thinking that, as the saying goes, the trees are trying to teach me, and maybe us all, the gift there is in letting go. Like Lucy Maud Montgomery, I am so glad I live in a world where there are Octobers.

As fall is in the air, like many of you, my thoughts have been on the changing of the seasons and routines in our lives. This year has looked quite different for me as I have not been diving into a busy fall schedule with our faith community, but instead have been supporting (from afar) our daughter Emma as she has transitioned to life away from home

at university. She is as busy and engaged as any student living in residence at Carleton University studying aerospace engineering, and her parents are finding life in a big empty house to be just as heartbreakingly lonely and heartwarmingly proud as we imagined it would be. I have been journeying in spirit with the congregation through the joys of the start of Nursery and Sunday School which brought a special delight to me, the sadness of goodbyes including the deaths of beloved congregation members, and the ongoing evolution of our faith community with emerging leadership and staffing strategies. I am grateful to Rev. Eric, Rev. Nancy, Kim, Scott, our Council, Search Committee and all the volunteers who are offering their hearts in service to OUC during this time of transition.

I want you all to know how deeply grateful I am for the acts of love and remembrance people have been showing me while I have been off....the love notes left at the office, the messages sent to me, the surprises in my mailbox, the unexpected hugs when I see you out and about in the community....all of these gestures help me to feel that I have not been forgotten in my absence. It feels so lovely to be remembered and prayed for and I am deeply grateful to be part of such a wonderful congregation. I can't wait to be back with my dear family at Orleans United as soon as I am able!

*With much love,  
Rev. Molly*

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### **Offerings on Sunday: What Happened to "Passing the Plate"?**

At Orleans United Church we have suspended the long-held tradition of passing the collection plates in the pews during Sunday worship services. This is one of the changes that has occurred as a by-product of the COVID-19 pandemic public health and safety measures.

**There is another way to provide financial gifts by cash or cheque on Sunday mornings for those who prefer that method of giving.** Offering plates are positioned on pedestals at the entrances to the Sanctuary. Visitors and members of the congregation can leave their financial gifts in the offering plates as they enter the Sanctuary. These plates will be brought to the front of the church and blessed during the *Giving Our Offerings in Support of OUC's Ministries* part of the worship service.

We are very grateful for all the individuals and families who support our congregation with their financial donations.

Here are some of the other ways that you can do that:

- Bring cash or cheques to the main office or drop them in the church mailbox at the main entrance
- Arrange to make pre-authorized monthly donations (call the office for information)
- Donate to OUC through United Way contributions by choosing OUC as the beneficiary
- Donate by e-transfer at [oucdonations@rogers.com](mailto:oucdonations@rogers.com)
- Donate by credit card through Canada Helps at [www.canadahelps.org](http://www.canadahelps.org).

Blessings,  
*Ron Hunt, Chair of Council*  
613-298-1626/[re.hunt@sympatico.ca](mailto:re.hunt@sympatico.ca)

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### **Honour Corner**

This year we will be observing Remembrance Sunday in person. In past years, we have had a Veterans Honour Corner in the Narthex. If you feel moved to bring in a piece of special memorabilia, we invite you to do so. However, we will be putting them on display in the Discovery Garden to keep them under watchful eyes. After the service you may wish to bring your item into coffee



**The Nursery** is currently looking for a pram, buggy, or other push toy to round out its collection. If you have one to donate, please contact the church Office. Thank you!



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### **DONATION COLLECTIONS**

Orleans United Church is once again collecting donations of food and clothing.

time to share stories.

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### INTERCHURCH REFUGEE GROUP NEWS

The Interchurch Refugee Group (IRG) will be welcoming a new family of five in the next few weeks. The family consists of parents with a 22 and 14 year old son and 19 year old daughter. We are looking for donations of living room furniture and lamps, and two single or bunk beds. Also needed are cleaning tools such as a vacuum, mop and broom as well as basic tools such as hammer and screwdrivers. We have been blessed to have already received many donations. We have enough bedding, towels and most kitchen essentials. If you feel you have something the family could use, please contact us, Lynne and Rick, at [rick.lynn@outlook.com](mailto:rick.lynn@outlook.com).



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### SAVE THE DATE - NOVEMBER 19TH OUC CHRISTMAS BAZAAR

Save your books, puzzles etc. Continue making preserves. Keep on sewing, knitting, woodworking and crafting. Ideas and suggestions are always welcome. Volunteers always needed. For more information contact Lorna Hobbs at 613-824-5805/[lornahobbs52@yahoo.com](mailto:lornahobbs52@yahoo.com) or Alison Sales at 613-983-7974 [alisonsales@rogers.com](mailto:alisonsales@rogers.com).



### Meat Pies Now Available!

Tourtières and Chicken Pot Pies are now available in the Hall on Sundays, or at the office through the week. The cost is \$25 for a family-size pie, and \$10 for a single-serve. Please bring your own bag if possible, and if you have any spare bags, please consider donating them to the Bazaar. Vegetarian Chili coming soon ...



### OUC Bazaar - Silent Auction

The OUC Silent Auction

The bins are located between the doors of the parking lot entrance. The big wooden bin is for donations for the Food Bank and the Tupperware bins are for Centre 507 and are labeled as such. You will find below links to their respective websites and you can see what is most needed. **No games or toys please!**

**Centre 507:** <https://www.centre507.org/>  
**Orleans Food Bank:**

<https://www.crcoc.ca/en/>

**Community Compassion Centre:**

<https://cpcorleans.ca/foodbank/>

PLEASE CHECK THE LINKS TO SEE WHAT CAN BE DONATED FOR EACH ORGANISATION.

### PLEASE NOTE THAT OUC NO LONGER COLLECTS MILK BAGS.

We are presently looking for a volunteer who will do the Food Bank delivery once a month at their chosen Food Bank site. The volunteer will have to sort through the donations to remove expired or opened items before delivering them.

We also collect used batteries and compact fluorescent light bulbs in the bin on the left side of the entryway. **No LEDs or incandescent bulbs please!**



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### Coffee Time

Everyone admired the Hall and Kitchen floors newly cleaned and waxed and polished.

**Thank you to the following persons for their help:**

**Set-up:** Rob Palo, Peter Holt

**Baked donations:** Rob Palo for his delicious carrot muffins and Gordon Gray for the wonderful walnut muffins.

**Clean-up:** Rob Palo, Peter Holt and Stuart

If you are baking during the week, how about saving some pieces for OUC Coffee Time? Donations are welcome always and all appreciate the treats with coffee.

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planning and organizing is going well. We have about 75 items for auction but are still canvassing and accepting donations until the first week of November. **We will be collecting pens to use for the bidding sheets** so please donate next Sunday any extra pens you might have at home. A basket will be placed on the greeting table in the Narthex to collect the pens. Thank you in advance. *France Lemay-Legault*

## Church Calendars

### Only 2 copies left!

The 2023 United Church calendar is now available. The cost is \$11 each. Please contact the office ([orleansunited@rogers.com](mailto:orleansunited@rogers.com), 613-837-4321,) if you would like to purchase one.



## HELP Hints

### World Compassionate Communities Day - Sunday October 30, 2022

Your HELP team will be offering a remembrance ceremony during worship on Sunday October 30th. We will be lighting candles, on your behalf, to honour the memory of loved ones who have died this past year. Thank you to those who have shared names of people they would like remembered. There is still time to offer names of those you would like included by emailing Ruth Fox at [ruthfox21@gmail.com](mailto:ruthfox21@gmail.com) or Cheryl Marvin at [kenmarvin@gmail.com](mailto:kenmarvin@gmail.com) by October 24th.

*HELP Advisory Council*



Check out supports in the community: <https://www.communityhomesupport.ca>



## YAYA RETREAT & SLEEPOVER

**FRI. NOV 4 - 6PM**

**Kanata United Church (sleepover location)**

- Dinner
- Activities and Games (*Hungry Hungry Humans!*)
- Midnight Candlelight Worship
- Sleep (LOL!)
- Breakfast

**SAT. NOV 5 - 9AM**

**Bell's Corner's United Church**

- Madahoki Indigenous Experience
- Lunch
- Self-Care Workshop

Cost \$20 per person\*

Reg: <https://forms.gle/Wu4qAicHu96u4y2n9>

Contract: Dana Ducette  
[dducette@united-church.ca](mailto:dducette@united-church.ca)



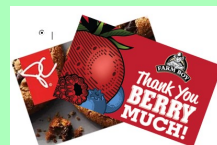
Visit <https://forms.gle/xKuSnSnsyGvrnEqVA> to register.

### A Celebration of Life for Norman Baines

will be held on October 22nd at Manotick United Church, 5567 Manotick Main St., 2 - 4 pm. We will gather to share some of our favourite memories, our stories, to laugh and remember a wonderful person greatly missed.

### Fall Clean-up

The OUC gardens and grounds need to be put to bed for the winter! So we are planning a Fall Clean-up day Saturday, 29 October from 10 AM until noon. Coffee and donuts will be available, please bring your own rakes and gardening gloves along. To make sure we have enough goodies, please let Shirley Holt [shirleyjholt@outlook.com](mailto:shirleyjholt@outlook.com), or (613) 841-5143 know if you will be coming out to join the clean-up party!



### Grocery Gift Cards

The **Grocery Gift Card** table is open in the hall after service. Purchases of gift cards for Metro,

Basics, Independent, No frills, Loblaws, Sobeys, Farm Boy, and Shoppers Drug





## OPEN HOUSE

October 26th, 2022  
3:00pm-4:30pm  
Orleans Health Hub  
2225 Mer Bleue rd, Orleans

Please RSVP at  
613-741-6025 ext. 323  
css@eorc-creo.ca

COME MEET OTHER SENIORS, CAREGIVERS, OUR PARTNERS AND OUR TEAM IN OUR NEW SPACE AT THE ORLEANS HEALTH HUB.  
\*masks are required



Mart will be available by cash, cheque or e-transfer. Please note there are **no Tim Horton** gift cards at this time. Gift cards are also available for purchase in the church office during regular business hours. Any questions regarding this long standing fundraiser (that costs you nothing extra) can be sent to:

[dianne.davis@bell.net](mailto:dianne.davis@bell.net)

**Boston Pizza** are still giving us a percentage back from our receipts. Please remember to print Orleans United Church on your receipt and put it in the box each time you eat there. Every dollar helps the work of the church.



## Ways to Give

WE ARE GRATEFUL FOR ALL THOSE WHO SUPPORT OUR CONGREGATION WITH THEIR TIME AND WITH THEIR FINANCIAL DONATIONS

If you would like to contribute financially, you can do so:

- By cash or cheque to the main office
- By pre-authorized monthly donations (call office for information)
- Through your United Way contributions (simply choose OUC as the beneficiary)
- E-transfer to:

[oucdonations@rogers.com](mailto:oucdonations@rogers.com)

- Using a credit card Through Canada Helps: <https://www.canadahelps.org>

Eastern Ontario Resource Centre, October 26, 3 - 4:30 pm at the Orleans Health Hub. RSVP at 613-741-6025 ext. 323 or [css@eorc-creo.ca](mailto:css@eorc-creo.ca). Masks are required. Please email [hmcgraths@gmail.com](mailto:hmcgraths@gmail.com) by October 21 if you would like to join our carpool. We will meet in the OUC parking lot at 2:30 pm Please note that you do not have to be a caregiver or a senior to join us.

## Be in Touch!

We would love for you to reach out to us.... we are here for you!

Website: <http://orleansunitedchurch.com>

Email: [orleansunited@rogers.com](mailto:orleansunited@rogers.com)

Phone: 613-837-4321

If you know someone who would like to receive this newsletter, sign them up through the main office (call or email)



## OUC has a Prayer Chain!

For many years now, OUC has offered a prayer ministry. You can request that the members of the prayer team pray for you, for your loved one, or for a particular local or global concern. All payer request are shared among the group confidentially. You are invited to send your prayer request directly to [ouc.prayersforall@rogers.com](mailto:ouc.prayersforall@rogers.com), an email monitored by only one CST member. For more information, please contact the office.

## Community Corner

### New Release!

Now available on Amazon.ca: *Rise of the Eagle Warriors*, Book Two in the series "Legends of the Rainbow Dream Trains" by Joseph Gratton. Cost is \$10 paper or \$4.99 e-book. Get yours today!



## This Week at OUC

**Friday October 21:** Orleans Noon - Chapel/Choir Room, 11:30 - 1:30

TOPS - Nursery/Kitchen, 5 pm

**Saturday October 22:** SDA - Sanctuary/Choir Room/Room 12, 8:30 - 1 pm

SDA - Hall/Kitchen, 1 - 4 pm

**Sunday October 23:** Worship service, in person and live-streamed, 10 am

**Monday October 24:** Just Us - Chapel, 1 - 4 pm

Scouts - Hall/Library/Choir Room/Chapel

TOPS - Nursery, 6 pm

Bytown Beat - Sanctuary, 7 pm

Search Team - Room 12, 7 pm

**Tuesday October 25:** Bazaar Crafting, Hall, 8:30 am - Noon

Kim John Tai Chi - Chapel 10 - 11 am

Lunch Bunch - Tap Room 260 (Centrum Blvd.), 12:30 pm

Scouts - Chapel/Hall/Choir Room

Coro Vivo - Sanctuary, 6:30 - 10 pm

**Wednesday October 26:** A'Chord - Sanctuary - 9:30 - 11:30 am

Just Us - Chapel, 1 - 4 pm

SDA - Chapel, 6 - 9 pm

Quilter's Workshop - Library, 6:30 - 9 pm

Joyful Yarn - Hall, 7 - 9 pm

**Thursday October 27:** TOPS - Chapel/Nursery, 8:30 am

Coro Vivo - Library, 7 pm

Senior Choir - Sanctuary, 7:30

Orleans United Church | 1111 Orleans Blvd., Orleans, K1C 7C8 Canada

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