



[Visit our Website](#)

Office hours: Monday - Friday, 8:30 - 12:30

Dear Orleans United Church,

On behalf of the entire Orléans-Cumberland Community Resource Centre (OCCRC) team, I want to express our deepest gratitude for your generous contribution of CA\$10,473.00 to our Food Bank | Banque alimentaire.

Your generosity means so much and plays a vital role in helping us support the physical, emotional, social, economic, and mental well-being of children, youth, families, and individuals in our community who turn to us for assistance and encouragement.

As the cost of living continues to rise, your contribution is essential for us at the Centre to maintain our community's access to these crucial services. Food insecurity is growing at an alarming rate. In 2024, the Orléans-Cumberland Community Resource Centre (OCCRC) Food Bank supported an average of 1,038 individuals per month—an 8% increase from the previous year and an almost 60% increase over the past five years.

As a Food Bank donor, we are committed to keeping you informed about how your donation is making a difference. If interested, please [subscribe](#) to our donor newsletter, where we share updates on our progress, upcoming campaigns, and events.

Once again, thank you for supporting the Orléans-Cumberland Community Resource Centre. Your generosity helps us build a stronger, more caring community.

With our sincerest thanks,

Jasmine Thibault, M.Sc.
Executive Director



A Night of Cooking, Community, and Connection!

Do you love good food, learning something new, and sharing laughter around the table? Join us for OUC's brand-new adult education and community cooking program—where the kitchen becomes a place of friendship, skill-

OUC Annual Fire Drill Scheduled

To fully comply with our Fire Safety Plan, OUC is obligated to perform an annual fire drill to ensure that staff and occupants are familiar with emergency evacuation



building, and delicious discovery!
Our next class is happening **Saturday, October 25, from 2:30 – 7 pm** in the OUC kitchen.

For just **\$20**, you'll enjoy hands-on cooking instruction, explore new recipes, and sit down together to share a full meal. This session's theme is **"Roasted Transformations: Cook Once, Eat Twice."** We'll create hearty, versatile dishes like roasted pepper pasta, cozy corn chowder, and flavourful Asian-style lettuce cups—all perfect for feeding families of any size.

Space is limited, so don't miss out! Reserve your spot with Kim in the office today!

Join the OUC Communications Team!

Are you creative, organized, or just love helping people stay connected?

- ✓ Keep website welcoming and up to date
- ✓ Share stories on Facebook and other social media
- ✓ Help with the weekly newsletter
- ✓ Support YouTube, visuals, and design projects
- ✓ Ensure a clear, consistent message that reflects OUC's values

Who We're Looking For

Writers • Editors
Photographers
Designers
Social Media Storytellers

Meets quarterly (or as needed)

ouc.mikeperrault@rogers.com



Join the OUC Communications Team!

Help Orleans United Church share our story and stay connected.

☐ We Need:

Writers • Editors • Designers •
Photographers • Social media storytellers

☐ We Do:

Website updates • Social media •
Newsletter • Displays • Creative projects
☐ Meets quarterly • Hybrid participation welcome

☐ Contact Rev. Mike Perreault –

mike@orleansunitedchurch.com

"Help OUC share good news—with heart, creativity, and purpose."

procedures, resulting in orderly evacuation with efficient use of exit facilities. This year's drill is scheduled for **Sunday, October 26th**, immediately following the 10 am service. In the event of an inclement forecast, an alternate date will be chosen, with advance notice given. Just a reminder that upon hearing the alarm, you should leave the building immediately via the nearest available exit and proceed to the mustering point; in our case the large burgundy church sign adjacent to Orleans Boulevard. You are NOT to return to the building until the "all clear" notice is given. Designated Fire Wardens from the congregation will be on hand to guide the evacuation process and provide assistance to those who may need it.

Volunteer Opportunity: Rental Coordinator

We are looking for a new volunteer who would be interested in taking on the role of Rental Coordinator. Unfortunately, Kimberly Corley has stepped down from that role.

The OUC Rental Coordinator is responsible for overseeing the use of church space for events such as concerts, weddings, funerals, meetings, community gatherings, fitness classes and other activities.

This volunteer role is part of the Property Committee's mandate.

To learn more, please contact [Heather Graham](#).



The OUC Book Club

will meet on October 28, 2025 at 1 pm in the library to discuss 'Here One Moment' by Liane

Moriarity. All are welcome. For information regarding the OUC Book Club, you may communicate with Marie Ruddick at mdruddick@gmail.com or Annemarie Humenuk at kayakforever@gmail.com.

TOURTIERES AND CHICKEN POT PIES ON SALE!

Your OUC kitchen team has been hard at work, and the freezers are now full. We are





☐☐ Youth Get-together – Pizza & Pumpkin Carving!

Calling all youth (Grade 7 & up)! Mark your calendars for Sunday, October 26, noon - 3 in the Library. We'll share some pizza and carve pumpkins together—it's going to be a fun time of food, laughter, and creativity! More details to come soon. If you're interested, please email or text Rev. Molly.



☐ Be a Youth Group Leader!

Do you want to make a difference in the lives of teens? Orleans United is looking for caring and energetic leaders to spend time about once a month with our amazing youth. Together we'll do fun activities, build community, and create meaningful opportunities for connection. If this sounds like you—or if you'd like to learn more—please reach out to Rev. Molly to chat about the possibilities.

OUC Property Committee is working on creating a list of OUC volunteers who are willing to be called upon for helping the set-

excited to announce that we will begin selling tourtières and chicken pot pies on **Sunday, October 19th, after worship.** Due to the significant increase in the cost of meat, poultry, pastry, and other main ingredients, we have had to slightly raise our prices. For 2025, the prices are \$28.00 for large tourtières and large chicken pot pies, and \$12.00 for small tourtières and small chicken pot pies. Order forms will be available during the week from the office. Please stop by the table in the hall to place your orders and pick up your pies! If you have bags to carry your pies home, please bring them with you. Extra bags are always appreciated. Spread the word and share the news - OUC Christmas bazaar tastes are ready to enjoy.

Advance Notice Women's Retreat, April 24 - 26, 2026



The new committee has met and planning is under way for our next retreat. The theme will be "The cup of life". Please mark your calendars so you don't miss this wonderful weekend at Camp Merrywood. If you have any questions you can email Jean at scrapbookjean@icloud.com. Registration will begin in January, but to secure a spot you can email me now.

Sunday Announcements

The Worship Committee requests that anyone wishing to make an spoken announcement in church submit their request to the Office by the Wednesday before. Thank you!



Please Join Us, All Are Welcome

The **Interchurch Refugee Group** (IRG) will hold their Annual General Meeting on Tuesday October 21 at 7 pm, Rothwell United Church, 42 Sumac Street, Ottawa

The IRG is an ecumenical coalition of churches located in the East end of Ottawa. Since 1989 it has been sponsoring government-approved refugees, supporting their integration into Canadian society and facilitating their transition towards self-sufficiency. The IRG is powered entirely by volunteers from our

up or down of tables and chairs, such as, for Sunday Coffee Time. Normally, 2 to 3 volunteers are needed and the task would take approx. 1/2 hour, which means they start the work at 9:30AM of placing the tables and chairs before the Service. Another example is the removal of tables and chairs for the Blood Donor Clinic, which is a good revenue rental partner. The more volunteers on this list will mean not always the same persons are doing the work.

If you wish to register for this volunteer listing, please send an email to lemaylegaf@yahoo.com.

Canadians Care Partnership Ministries

is recruiting volunteers to travel to the Dominican Republic from February 11-18th 2026 to assist in building a home for a needy family. Co-founded by Reverends Robert and Hilary Merritt, this is the 10th year that this not-for-profit charity has provided a Partnership Ministry to build homes and provide support for medical and educational facilities.



Learn more about our "Vacation With A Purpose" on our website at www.CanadiansCare.org

If interested in being part of our team please contact the Merritts at wer2revs@gmail.com.

There will be a presentation by Robert & Hilary Merritt on Sunday Nov. 2 after worship where you can learn more and ask question. All are welcome!

Fund raising? Fun raising?

We're always looking for new ideas! Please share yours for fun(d)raising at OUC, with Joe Tomlinson at 613-720-2058.



Prayer Circle:

OUC has rebirthed our prayer ministry. You can request that the members of the prayer team pray for you, for

your loved one, or for a particular local or global concern. All prayer requests are

supporting churches, as well as from the wider community. We thank Orleans United for generously supporting the IRG. Please join us to learn more about this life-changing work. All are welcome.

OUC Christmas Market November 15th

Is your **turkey carcass** resting in the OUC kitchen fridge?

Bling – Last call for bling. We need time to clean and price it.



Volunteers: We need a lot of people for a successful bazaar...to take care of road signs, set-up and clean-up, café staff, booth sales force, greeters, and silent auction sales. Please contact Cindy Germain (rdg.cdg@gmail.com) to lend your support for our largest fundraiser. She will also be at a table in the Hall during Coffee Hour on Sunday Oct 19 for questions or sign up!

Coming Soon:

MURDER AT THE MARINA

📅 October 26th

🕒 3:00 PM

📍 Orleans United Church

Tickets: \$20

Available at the door

or oucdonations@rogers.com

(Please specify the money is for Murder Mystery tickets)

Step into 1924 and help solve the mystery at The Cumberland Marina!

All proceeds go to Orleans United Church

Come for the mystery. Stay for the cause.

Tickets \$20, on sale now in the Hall after service, or in the church Office during regular office hours. (cash, debit, credit or

shared with the prayer team confidentially, unless you request that your name be used. You are invited to send your prayer request directly to ouc.prayersforall@rogers.com, an email monitored by only one pastoral care team member. For more information, please contact the office.

Care for the Caregiver

Check out supports in the community:
<https://www.communityhomesupport.ca>

Voices of the Bereaved



A Vigil of Remembrance, Hope, and Healing

Join us for a candlelight vigil to honour our loved ones lost to drug toxicity, substance use, alcohol use and mental health related...

6:30 PM. Meet in front of Mausoleum. Candles will be provided on site.

Program Highlights

Words of welcome and reflection
Musical and spoken tributes
Candlelight moment of remembrance
Closing message of healing and support
Candles will be provided on site.

Wheelchair available

The church has a wheelchair available for use of anyone who might find it helpful on a Sunday morning. Please let us know if you would like to make use of it and we will have it ready and waiting for you!



Community Corner

e- transfer).

Vintage Stock Theatre is looking to borrow a few items for the play: 2 life preservers, 2 paddles, fish net or handheld fish catcher, and a round life preserver that can be hooked to a wall. IF you have any of these that you can lend, contact France at lemaylegaf@yahoo.com, or the church Office.

IT'S PICKLING SEASON! If you are making jams, jellies or preserves this summer, please consider setting aside a few extra jars for OUC's Christmas Bazaar. These items always sell out fast! And if you can't make jam yourself...



MASON JARS (250ml size) are needed to make jam over the next few months for the Christmas Bazaar. If you have any jars to donate, please leave them in the office.

Keep your 2025 grocery budget on track by using **GROCERY GIFT CARDS**



Grocery gift cards are available in the hall after services and in the office during the week. Any questions regarding this long standing fundraiser (that costs you nothing extra) can be sent to:

dianne.davis@bell.net

Ways to Give

THE FINANCIAL DONATIONS OF YOU, THE MEMBERS OF THE CONGREGATION, ARE THE PRIMARY SOURCE OF REVENUE FOR OUC. WE ARE GRATEFUL FOR ALL THOSE WHO SUPPORT OUR CONGREGATION WITH THEIR TIME AND WITH THEIR FINANCIAL DONATIONS. PLEASE GIVE AS YOU ARE ABLE.

You can contribute financially in a number of ways, including:

- By cash or cheque on Sunday morning in the collection plate, or deposited in the church mailbox
- After church in the Hall with your debit card
- By pre-authorized monthly donations (call office for information)
- Through your United Way contributions



Cumberland Community Singers are holding an E-recycle event on Sunday October 26 9 am - 4 pm in the Ray Friel parking lot. All

electronics, computers, cords, remotes, cell phones, radios, audio/video systems can be accepted. For more information, email edgratton1@gmail.com or see Kim in the Office. If you can't make it on the 26th, bring your items to Kim and she will deliver them.



Annual Honeython – buy Crerar's products to support Camp Kalalla!

Honey, preserves, gifts for Christmas, birthdays or teacher appreciation. The order form is [HERE](#). Reach us at campkalalla@gmail.com if you have questions. Pick-up locations in both east and west end. We thank Crerar's for their support- and you for yours!



• (simply choose OUC as the beneficiary)

• E-transfer to:

oucdonations@rogers.com

• Using a credit card Through Canada Helps: <https://www.canadahelps.org>

• Using either a debit or credit card through the Plently App: <https://uc-orleans.plently.com/>

Be in Touch!

We would love for you to reach out to us....
we are here for you!

Website: <http://orleansunitedchurch.com>

Email: orleansunited@rogers.com

Phone: 613-837-4321

If you know someone who would like to receive this newsletter, sign them up through the main office (call or email)

PLEASE JOIN US

Beyond the playground: What parents should know about bullying

How bullying has evolved; how to support your children, prevent harm, and create a foundation for internal resiliency and strong relationships.

- What bullying looks like and how it has evolved
- Impact of social media
- How to prevent bullying
- Validating the child's experience, and why it is so important
- How to respond to bullying and why it matters
- Concrete examples of how to understand bullying behaviour
- How to solve problems together
- And lots more!

NOVEMBER 26, 2025

7:00 -8:30PM

ORLEANS UNITED CHURCH

1111 ORLEANS BLVD

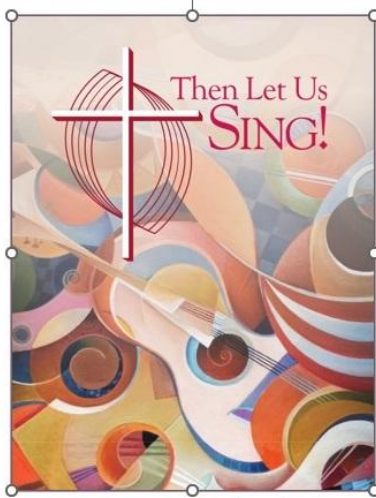
ORLEANS, ON



PRESENTED BY
KIRSTIE DAVIS, MSW RSW

25+ YEARS EXPERIENCE WORKING WITH
CHILDREN, YOUTH, AND FAMILIES IN
THE OTTAWA AREA





Grateful for God's loving action,
we cannot keep from singing.
(A Song of Faith)

The United Church of Canada
invites you to its

Then Let Us SING! Hymn Festival

The official launch of our new music resource!



Friday, October 24, 2025

7:30 pm



Orleans United Church

1111 Orleans Blvd., Orléans, ON K1C 7C8

Come — Celebrate — Sing — Learn
with the team that created Then Let Us SING!

In person or livestream at <https://www.youtube.com/live/4z5NPrRRmpA>

This Week at OUC

Friday October 17:

- Bazaar Food Prep - Hall/Kitchen/Lounge, all week
- Orleans Noon - Chapel, Noon - 1 pm
- Seventh-day Adventists Music Department - Chapel, 7 - 9 pm

Saturday October 18:

- Seventh-day Adventists Service - Sanctuary/Choir Room/Room 12, 8:30 am - 2 pm; Chapel, 4 - 8 pm
- Tai Chi Workshop - Hall/Kitchen, 9:30 am - 4:30 pm

Sunday October 19:

- Worship Service - in person and live-streamed, 10 am
- Adult Education & Health Promotion meeting - Library, 11:30 am
- PleinChant - Choir Room, 2 - 5 pm
- Seventh-day Adventists meeting - Library, 4:30 - 7:30 pm
-

Monday October 20:

- Scouting - Hall/Chapel/Choir Room/Library - 6:15 pm
- TOPS - Nursery/Lounge, 6 - 8 pm
- Bytown Beat - Sanctuary, 7 - 9 pm

Tuesday October 21:

- Craft Group - Library, 9 am - noon
- TOPS - Lounge/Nursery, 6 - 8 pm
- Scouting - Hall/Choir Room/Library, 6 - 9 pm; Kitchen 6 - 9
- CA East Solutions - Choir Room, 6:30 - 8:30 pm
- Coro Vivo - Sanctuary, 7 - 10 pm

Wednesday October 22:

- Breakfast @ Gabe's - Gabriel's Restaurant, St. Joseph Blvd., 7:30 am
- A'Chord - Chapel, 9:30 - 11:30
- Seventh-day Adventists - Chapel, 7 - 9 pm
- Contemplative Prayer - Sanctuary 7:30 pm
- Council - Library, 7 - 9 pm

Thursday October 23:

- TOPS - Library/Nursery, 8:30 am
- Java Jive - Chapel, 10 am
- Vintage Stock Theatre - Hall, 6 - 9 pm
- Senior Choir - Sanctuary/Choir Room, 7:30 - 9:30 pm
- Al-Anon - Chapel/Nursery, 7:30 - 8:30 pm



Try email marketing for free today!