



[Visit our Website](#)

Office hours: Monday - Friday, 8:30 - 12:30

Dear Orleans United Church,

On behalf of the entire Orléans-Cumberland Community Resource Centre (OCCRC) team, I want to express our deepest gratitude for your generous contribution of CA\$10,473.00 to our Food Bank | Banque alimentaire.

Your generosity means so much and plays a vital role in helping us support the physical, emotional, social, economic, and mental well-being of children, youth, families, and individuals in our community who turn to us for assistance and encouragement.

As the cost of living continues to rise, your contribution is essential for us at the Centre to maintain our community's access to these crucial services. Food insecurity is growing at an alarming rate. In 2024, the Orléans-Cumberland Community Resource Centre (OCCRC) Food Bank supported an average of 1,038 individuals per month—an 8% increase from the previous year and an almost 60% increase over the past five years.

As a Food Bank donor, we are committed to keeping you informed about how your donation is making a difference. If interested, please [subscribe](#) to our donor newsletter, where we share updates on our progress, upcoming campaigns, and events.

Once again, thank you for supporting the Orléans-Cumberland Community Resource Centre. Your generosity helps us build a stronger, more caring community.

With our sincerest thanks,

Jasmine Thibault, M.Sc.
Executive Director



you'll arrive at church an hour early, and we'll find chores for you!

Don't forget to set your clocks back one hour this Saturday night. If you do forget,

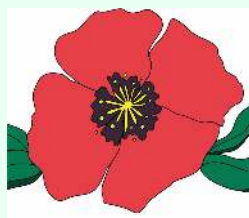


Food Bank Sunday

This Sunday, November 2, is Food Bank Sunday. The bin will be in the Narthex,

ready to accept your donations. Please remember we cannot accept fresh produce here at Orleans United.

Our **Remembrance service** will take place on November 9. On Remembrance Sunday, we will have an Honour Corner in the Narthex. As in past years, you are invited to share any family memorabilia from the conflicts in which Canadians have served: letters from the front, medals, souvenirs, and more are welcome. Also welcome will be volunteers to help set up tables and screens."



Memorial Worship Service November 23

During our Worship Service on November 23, we will have a time to remember those who have died in the past year and to give thanks for their lives and witness. This reflective service at the end of our liturgical year invites us to look back with gratitude—for the good that has been, for the love that has sustained us, and for the ways our loved ones continue to live on in our hearts. Please join us.

Join the OUC Communications Team!

Are you creative, organized, or just love helping people stay connected?

- ✓ Keep website welcoming and up to date
- ✓ Share stories on Facebook and other social media
- ✓ Help with the weekly newsletter
- ✓ Support YouTube, visuals, and design projects
- ✓ Ensure a clear, consistent message that reflects OUC's values

Who We're Looking For

Writers • Editors
Photographers
Designers
Social Media Storytellers

Meets quarterly (or as needed)

ouc.mikeperrault@rogers.com



Join the OUC Communications Team!

Help Orleans United Church share our story and stay connected.

□ We Need:

Writers • Editors • Designers •
Photographers • Social media storytellers

Walking Together: Learning Pastoral Care ♥

Join Rev. Mike Perreault for a Pastoral Care Workshop at Orleans United Church on Saturday, November 29, from 10 a.m. to 2 p.m. This one-day session



offers a warm, practical introduction to the ministry of caring and what it means to walk with others in faith, compassion, and hope.

Together, we'll explore key elements of pastoral care including attentive listening, healthy boundaries, and spiritual presence. Through discussion and reflection, participants will gain tools and insights to support others more confidently within our church and community.

Whether you're new to pastoral care or simply curious, this relaxed and welcoming workshop invites everyone who feels called to care.

□ Come, learn, and share as we grow together in faith and compassion. Please consider joining our Care and Support Team and help OUC's care continue to grow.

Volunteer Opportunity: Rental Coordinator

We are looking for a new volunteer who would be interested in taking on the role of Rental Coordinator. Unfortunately, Kimberly Corley has stepped down from that role.

The OUC Rental Coordinator is responsible for overseeing the use of church space for events such as concerts, weddings, funerals, meetings, community gatherings, fitness classes and other activities.

This volunteer role is part of the Property Committee's mandate.

To learn more, please contact [Heather Graham](#).



Book Club

Denise Chong, the internationally renowned human rights writer is

☐ We Do:
 Website updates • Social media •
 Newsletter • Displays • Creative projects
☐ Meets quarterly • Hybrid participation
 welcome
☐ Contact Rev. Mike Perreault –
mike@orleansunitedchurch.com
 "Help OUC share good news—with heart,
 creativity, and purpose."



It's time to start thinking
 about the Annual OUC
 Christmas Pageant. If
 your child would like a
 speaking part in the
 pageant, please let Rev Molly know.



Save The Date for **Sock It
 To the Revs** on Dec 14 and
**Gingerbread house
 decorating** Dec 7. More
 info to follow!



OUC Property Committee is working on
 creating a list of OUC volunteers who are
 willing to be called upon for helping the set-
 up or down of tables and chairs, such as,
 for Sunday Coffee Time. Normally, 2 to 3
 volunteers are needed and the task would
 take approx. 1/2 hour, which means they
 start the work at 9:30AM of placing the
 tables and chairs before the Service.
 Another example is the removal of tables
 and chairs for the Blood Donor Clinic,
 which is a good revenue rental partner. The
 more volunteers on this list will mean not
 always the same persons are doing the
 work.

If you wish to register for this volunteer
 listing, please send an email to
lemaylegaf@yahoo.com.

coming to the OUC Book Club on
 November 25, 2025. She is the author of
 "The Concubine's Children (her family's
 history from China to Canada)", "The Girl in
 the Picture" (the 12 year old girl hit by a
 napalm bomb during the Vietnam war, "Egg
 on Mao" (the Beijing massacre), and more
 recently "Out of Darkness, Rumana
 Monzur's journey through betrayal, tyranny
 and abuse". All are welcome, and anyone
 wishing information about our book club
 may contact Marie Ruddick at
mdruddick@gmail.com or Annemarie
 Humenuk at kayakforever@gmail.com.

TOURTIERES AND CHICKEN POT PIES ON SALE!



Your OUC kitchen
 team has been hard at work, and the
 freezers are now full. We are excited to
 announce that we have begun selling
 tourtières and chicken pot pies on
Sundays, after worship. Due to the
 significant increase in the cost of meat,
 poultry, pastry, and other main ingredients,
 we have had to slightly raise our prices. For
 2025, the prices are \$28.00 for large
 tourtières and large chicken pot pies, and
 \$12.00 for small tourtières and small
 chicken pot pies.
 Order forms will be available during the
 week from the office. Please stop by the
 table in the hall to place your orders and
 pick up your pies! If you have bags to carry
 your pies home, please bring them with
 you. Extra bags are always appreciated.
 Spread the word and share the news -
 OUC Christmas bazaar tastes are ready to
 enjoy.



Advance Notice Women's Retreat, April 24 - 26, 2026

The new committee
 has met and planning is under way for our
 next retreat. The theme will be "The cup of
 life". Please mark your calendars so you
 don't miss this wonderful weekend at
 Camp Merrywood. If you have any
 questions you can email Jean at
scrapbookjean@icloud.com. Registration
 will begin in January, but to secure a spot
 you can email me now.



2026 United Church Calendars

Now available - this year's theme is 'A New Heaven and a New Earth.'

Makes a wonderful Christmas gift for your favourite UC person! See Kim in the Office if you would like a copy. \$12 each. Deadline to order is November 15.

Canadians Care Partnership Ministries

is recruiting volunteers to travel to the Dominican Republic from February 11-18th 2026 to assist in building a home for a needy family. Co-founded by Reverends Robert and Hilary Merritt, this is the 10th year that this not-for-profit charity has provided a Partnership Ministry to build homes and provide support for medical and educational facilities.



Learn more about our "Vacation With A Purpose" on our website at www.CanadiansCare.org

If interested in being part of our team please contact the Merritts at wer2revs@gmail.com.

There will be a presentation by Robert & Hilary Merritt on Sunday Nov. 2 after worship where you can learn more and ask question. All are welcome!

Fund raising? Fun raising?

We're always looking for new ideas! Please share yours for fun(d)raising at OUC, with Joe Tomlinson at 613-720-2058.



Prayer Circle:

OUC has rebirthed our prayer ministry. You can request that the members of the prayer team pray for you, for your loved one, or for a particular local or global concern. All prayer requests are shared with the prayer team confidentially, unless you request that your name be

Sunday Announcements

The Worship Committee requests that anyone wishing to make an spoken announcement in church submit their request to the Office by the Wednesday before. Thank you!

OUC Christmas Market November 15th

It's drop off time for the following: Completed

crafts, jams, preserves, and silent auction donations. They will be securely stored at the church.

Volunteers: We need a lot of people for a successful bazaar...to take care of road signs, set-up and clean-up, café staff, booth sales force, greeters, and silent auction sales. Please contact Cindy Germain (rdg.cdg@gmail.com) to lend your support for our largest fundraiser. If you are organized and like working with people, we need you to help with the bazaar coordination. We need to hand off some tasks as we renew the team going forward. Consider taking some time this year to see what is involved by shadowing someone. No one task takes too much time, and it is very rewarding to work with the amazing OUC family. If you are interested or have question, please email Pat Young (patriciafayeyoung@hotmail.com) to learn more or arrange a time to shadow one of our coordinators.



Notice: Please be aware that someone is falsely advertising on Facebook that Orleans United Church is looking for vendors for a Christmas Market and requesting that interested people send money to reserve a table. OUC does **not** rent vendor tables at its annual Christmas Bazaar.

IT'S PICKLING SEASON! If you are making jams, jellies or preserves this summer, please consider setting aside a few extra jars for OUC's Christmas Bazaar. These items always sell out fast! And if you can't make jam yourself...



MASON JARS (250ml size) are needed to make jam over the next few months for the Christmas Bazaar. If you have any jars to donate, please leave them in the office.

used. You are invited to send your prayer request directly to ouc.prayersforall@rogers.com, an email monitored by only one pastoral care team member. For more information, please contact the office.

Care for the Caregiver

Check out supports in the community:
<https://www.communityhomesupport.ca>

Voices of the Bereaved

"Five years on, a wonderful new relationship, yet the waves of grief can still hit me like a tsunami."

Wheelchair available

The church has a wheelchair available for use of anyone who might find it helpful on a Sunday morning. Please let us know if you would like to make use of it and we will have it ready and waiting for you!



Community Corner



Annual Honeython – buy Crerar's products to support Camp Kalalla!

Honey, preserves, gifts for Christmas, birthdays or

teacher appreciation. The order form is [HERE](#). Reach us at campkalalla@gmail.com if you have questions. Pick-up locations in both east and west end. We thank Crerar's for their support- and you for yours!



Please join us at Camp Kalalla's Fall Square Dance!
Nov 1.... 6-8 pm (doors open at 5:30)...
Westminster Presbyterian Church
Everyone welcome! No experience needed!
Tickets available at the door, cash only please.

Keep your 2025 grocery budget on track by using **GROCERY GIFT CARDS**



Grocery gift cards are available in the hall after services and in the office during the week. Any questions regarding this long standing fundraiser (that costs you nothing extra) can be sent to:

dianne.davis@bell.net

Ways to Give

THE FINANCIAL DONATIONS OF YOU, THE MEMBERS OF THE CONGREGATION, ARE THE PRIMARY SOURCE OF REVENUE FOR OUC. WE ARE GRATEFUL FOR ALL THOSE WHO SUPPORT OUR CONGREGATION WITH THEIR TIME AND WITH THEIR FINANCIAL DONATIONS. PLEASE GIVE AS YOU ARE ABLE.

You can contribute financially in a number of ways, including:

- By cash or cheque on Sunday morning in the collection plate, or deposited in the church mailbox
- After church in the Hall with your debit card
- By pre-authorized monthly donations (call office for information)
- Through your United Way contributions
- (simply choose OUC as the beneficiary)
- E-transfer to:
oucdonations@rogers.com
- Using a credit card Through Canada Helps: <https://www.canadahelps.org>
- Using either a debit or credit card through the Plently App: <https://uc-orleans.plently.com/>

Be in Touch!

We would love for you to reach out to us.... we are here for you!

Website: <http://orleansunitedchurch.com>

Email: orleansunited@rogers.com


Phone: 613-837-4321

If you know someone who would like to receive this newsletter, sign them up through the main office (call or email)



Has Jesus been kidnapped by the Christian Right and discarded by the Secular Left?

Beginning October 29 at 7:00 PM

 *In the OUC Library*

With leadership from **Rev. Molly, Rev. Mike, Jasmine Vesque, Heather McGrath, and Peter Holt**

Saving Jesus runs every second Wednesday at OUC from late October to April (with a few breaks).

Join us for one, two, or all 12 sessions!

PLEASE JOIN US

Beyond the playground: What parents should know about bullying

How bullying has evolved; how to support your children, prevent harm, and create a foundation for internal resiliency and strong relationships.

- What bullying looks like and how it has evolved
- Impact of social media
- How to prevent bullying
- Validating the child's experience, and why it is so important
- How to respond to bullying and why it matters
- Concrete examples of how to understand bullying behaviour
- How to solve problems together
- And lots more!

NOVEMBER 26, 2025

7:00 -8:30PM

ORLEANS UNITED CHURCH

1111 ORLEANS BLVD

ORLEANS, ON



PRESENTED BY
KIRSTIE DAVIS, MSW RSW

25-YEARS EXPERIENCE WORKING WITH
CHILDREN, YOUTH, AND FAMILIES IN
THE OTTAWA AREA



This Week at OUC

Friday October 31:

- Bazaar Food Prep - Hall/Kitchen/Lounge, all day
- Orleans Noon - Chapel, Noon - 1 pm
- Seventh-day Adventists Music Department - Chapel, 7 - 9 pm

Saturday November 1:



- Seventh-day Adventists Service - Sanctuary/Choir Room/Room 12, 8:30 am - 2 pm;
- Chapel, 4 - 8 pm
- Sew & Sews - Hall/Kitchen, 9:30 am - 3:30 pm
- Single & Single Again - Kitchen, 3:30 - 11 pm
-

Sunday November 2:

- Worship Service - in person and live-streamed, 10 am
- Canadians Care Partnership Ministries presentation - Sanctuary/Library, 11:15 am

Monday November 3:

- Bazaar Food Prep - Hall/Kitchen/Lounge, all day
- Scouting - Hall/Chapel/Choir Room/Library - 6:15 pm
- TOPS - Nursery/Lounge, 6 - 8 pm
- Bytown Beat - Sanctuary, 7 - 9 pm

Tuesday November 4:

- Bazaar Food Prep - Hall/Kitchen/Lounge, all day
- Craft Group - Library, 9 am - 5 pm
- TOPS - Lounge/Nursery, 6 - 7 pm
- Scouting - Hall/Choir Room/Library, 6 - 9 pm
- CA East Solutions - Chapel, 6:30 - 8:30 pm
- Coro Vivo - Sanctuary, 7 - 10 pm

Wednesday November 5:

- Bazaar Food Prep - Hall/Kitchen/Lounge, all day
- Breakfast @ Gabe's - Gabriel's Restaurant, St. Joseph Blvd., 7:30 am
- A'Chord - Chapel, 9:30 - 11:30
- Property Meeting - Library, 10 am
- Seventh-day Adventists - Chapel, 7 - 9 pm
- Contemplative Prayer - Sanctuary 7:30 pm
- Joyful Yarn - Lounge, 7 pm
- Care & Support Team - Library, 6 - 10 pm

Thursday November 6:

- Bazaar Food Prep - Hall/Kitchen/Lounge, all day
- TOPS - Library/Nursery, 8:30 am
- Java Jive - Chapel, 10 am
- Al-Anon - Chapel/Nursery, 7:30 - 8:30 pm

Orleans United Church | 1111 Orleans Blvd. | Orleans, ON K1C 7C8 CA

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